

# 15 Pound Gear Bag for Mackinac Race!

(must leave cotton & may leave boots on shore)

Item	(underline = web link)	Comments					
			Hot & Dry	Hot & Wet	Cool	Cool & Wet	Cold & Wet
<b>Undies</b>	<b>Medalist Dri-Gear UV T Shirt</b>	Cooler than a cotton t-shirt, wicks & dries fast under pile when it gets cooler	<b>Bolded Items are a must!</b>				
	<u>Supplex Shorts with liner</u>	Supplex nylon short with polyester mesh brief is comfortably cool, quick drying & great under pile pants	X	X	X	X	
	<b>Medalist Skinetics® Top</b>	Use this with a pile top and FWG for maximum warmth on the weather rail	X	X	X	X	X
	<u>Medalist Skinetics® Bottom</u>	Use this with pile pants & FWG for maximum warmth on the weather rail					X
<b>Warmth</b>	<b>Microfleece Top</b>	Insulation layer to add over Medalist Dri-Gear UV T Shirt for warmth or sleeping off watch			X	X	X
	<b>Gill Toasty Pants</b>	Insulation layer to add over Supplex Shorts for warmth or sleeping off watch			X	X	X
	<u>Microfleece Vest</u>	Insulating the core adds maximum warmth without adding bulk, also a great pillow					X
<b>Hands</b>	<b>Sailing Gloves</b>	New Amara (synthetic leather) is lighter, more durable & dries without stiffness	X	X			
	<u>Capilene Glove Liners</u>	Great under sailing gloves for warmth with dexterity or to increase other glv warmth					X
	<u>Manzella Thermostat Gloves</u>	Keep there warmth when wet, yet light enough to operate shackles & electronics			X	X	
	<u>Manzella Windstopper Gloves</u>	Windproof pile glove for warmth>>>even warmer with Capilene glove liners					X
<b>Feet</b>	<u>Wigwam Acrylic Socks</u>	As cool as cotton, but warm when wet, quick drying	X	X			
	<b>Wigwam Merino Wool Socks</b>	Warmer than acrylic, great in deck shoe			X	X	
	<u>Acorn P200 Pile Socks</u>	Warmest sock that replaces boot when under a Gore-Tex sock					X
	<b>Seal Skinz Waterproof Socks</b>	Replaces boot & can choose warmth of sock underneath				X	X
	<b>Sperry Tech Shoe SB870</b>	Quick drying, should have some room for sock & Gore-Tex sock. Available in widths!	X	X	X	X	X
<b>Shell</b>	<b>Breathable Foul Weather Jkt</b>	Waterproof Breathable FWG is now value priced and durable				X	X
	<b>Breathable Foul Weather Bibs</b>	Waterproof Breathable FWG is now value priced and durable				X	X
	<u>Windproof Top (HL Breeze)</u>	Water repellant, windproof & very breathable for when FWG jkt is too much		X	X		
	<u>Supplex Blend Vented Shirt</u>	Sun protection (SP) & can be wetted for additional cooling	SP				
	<u>Supplex Blend Pants</u>	Sun protection (SP) & can be wetted for additional cooling	SP				
<b>Head</b>	<u>"Baseball" hat</u>	Sun protection, acts as a visor & great under hood to sheild glasses in rain	X		X	X	
	<u>Solar Veil Sun Hat</u>	Maximum sun protection	SP				
	<u>Wigwam Thermax Watch Cap</u>	Warmth without the itching of a wool hat				X	X
	<u>Seattle Sombrero</u>	Gore-Tex broad brim hat is great for drizzle & when one does not want to use hood		X			
<b>Accessories</b>	Cotton Bandana	Wet & place around neck for cooling or tuck under hat for maximum sun protection	SP				
	<b>Sunglasses-full UV (A,B,&amp;C)</b>	Quality glasses offer full UV a,b & c protection along with being optically correct	X		X		
	Eyeglass Strap & Hat Leash	Why "deep six" a quality pair of glasses ?	X	X	X	X	X
	Bite Lite & whistle	Keep your shipmates sleeping when you are down below	X	X	X	X	X
	Pocket Flashlight	Great for seeing the spar fly but small enough for your pocket	X	X	X	X	X
<b>Toiletries</b>	Deoderant	Keep your shipmates happy (travel size saves space)	X	X	X	X	X
	<b>Blistex Lip Balm</b>	Keep lips protected & moist	X	X	X	X	X
	<b>Dermatone Sun Block</b>	Great around nose, ears & mouth with a pleasing smell	X		X		
	<u>Pack Towel</u>	Small, light, quick drying replacement for a towel					

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